

bow
DOWN
before the King of Kings

Lament

submit
to the will of
GOD.

OK
and don't quit...

give
THANKS
with a grateful heart

get
up
*D.A.U.G.H.T.E.R
of the King*

**Celebrate**

do not
GIVE
up.

HE IS
faithful
for all
generations

MY
provider
he is the
HEALER



PRAISE

BANISH
DOUBT

Keep speaking
ask
LIFE

STAND
F.I.R.M.

HOLD ON

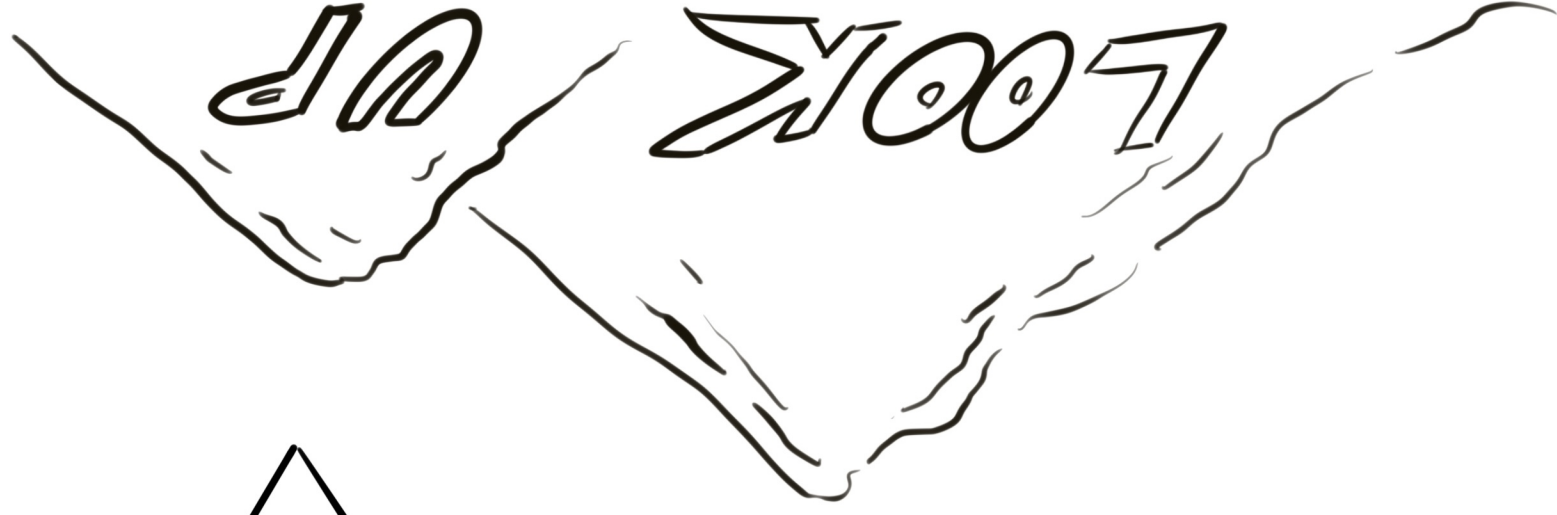
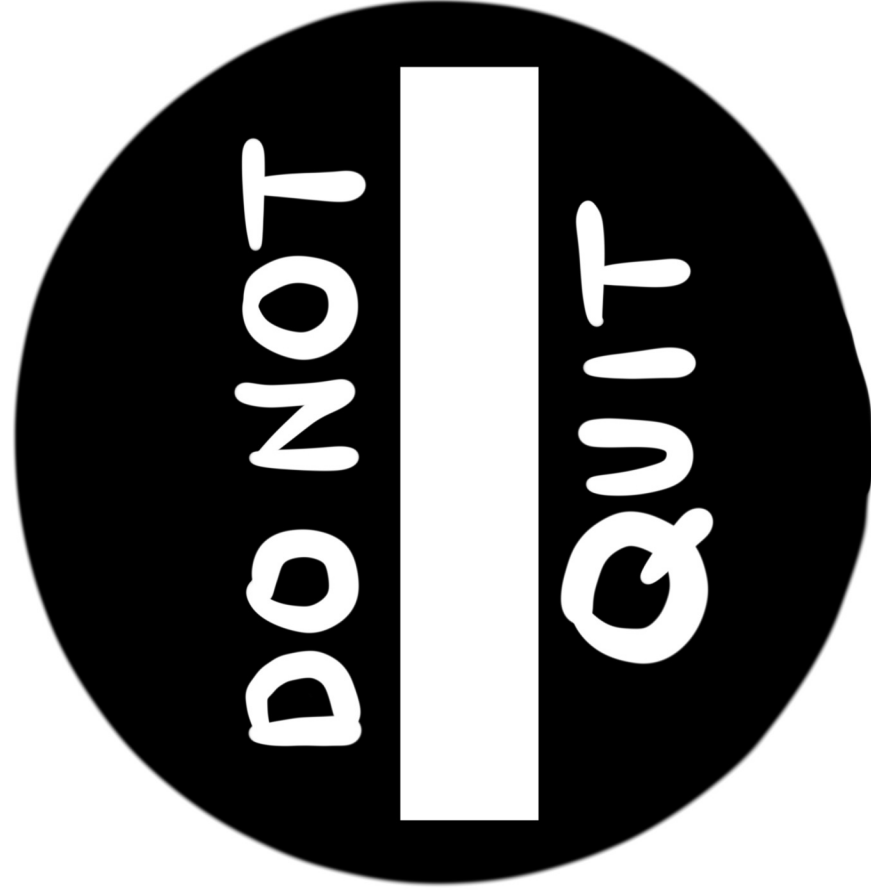
A stylized line drawing of a hand with fingers curled, gripping a thick horizontal line that runs through the center of the word 'HOLD'.

**DON'T
ever
LET
GO →**

God will
NEVER
let go of
YOU.

It Cares
TOO MUCH
to let me
STAY
the same.

OK
over & over & over
again



when I am
OVERWHELMED,
I WILL TRUST IN YOU.

watching
the **ONE**.



to connect,
we **RELATE**

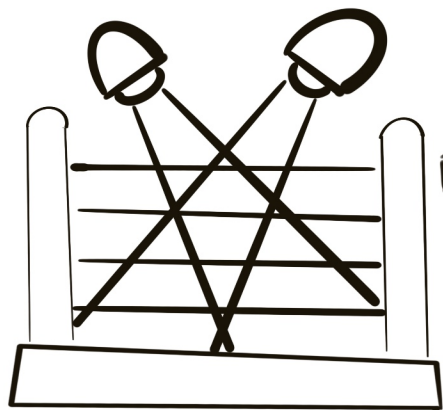
Sing
a NEW
SONG

embrace

JOY

PARTY

With God



WRESTLE

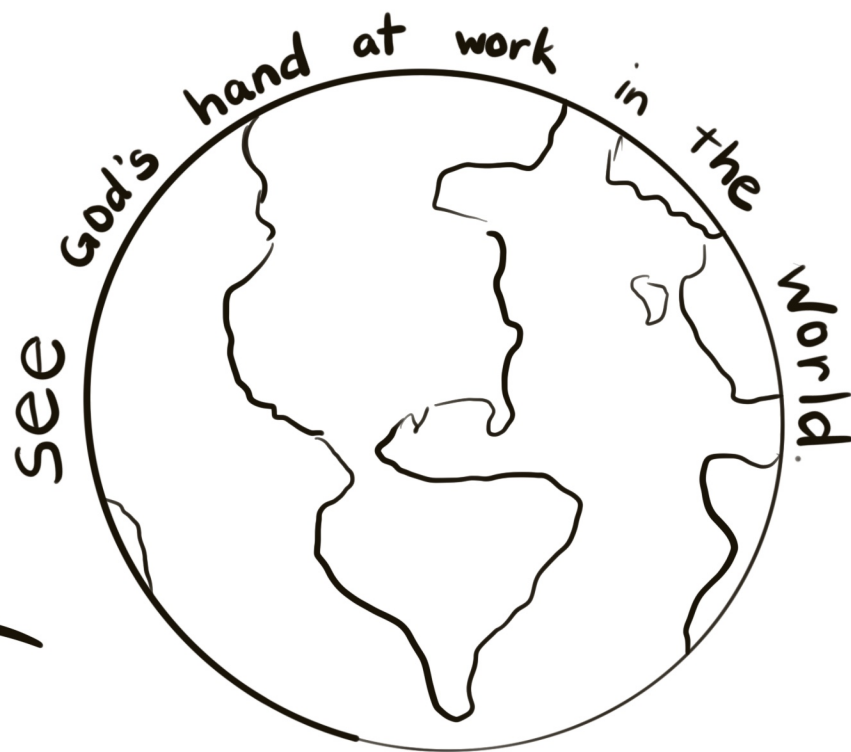
for the blessing





rejoice
always

Watch
pray



FAST *my Redeemer*



40 *days* **Lent**